



VILLAGE OF PINECREST

Press Release

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FOR IMMEDIATE RELEASE

Pinecrest to host program that ensures seniors properly fit in their cars

Pinecrest, Fla. – Sometimes the right “fit” can save a life. Drivers who have a good grasp of the steering wheel, clear views of the road and driver’s mirrors are more likely not to get into a car accident.

Car Fit® is a first-of-its-kind safety program tailored for mature adults that is geared toward keeping them and their loved ones safe on the road.

Car Fit® Pinecrest will be held from 10 a.m. to 2 p.m. Thursday Jan. 9 in the Village of Pinecrest Community Center parking lot, 5855 Killian Drive. The program is free and all seniors are welcome to attend.

Trained professionals will lead older drivers through a 12-point checklist with their car, recommend adjustments and recommend community resources that could make their cars “fit” better. An occupational therapist will be on hand to provide information to older drivers on how to maintain and strengthen driving health.

People over 65 are the fastest-growing population in the US. By 2030, one in five drivers will be age 65 or older, which means there will be more than 30 million older drivers on our roads. Because of their fragility, seniors have the highest crash death rate per mile of everyone except teenagers.

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Car Fit® was developed through collaboration among the American Society on Aging, AAA, AARP and the American Occupational Therapy Association. The program is being brought to Pinecrest by the Community Traffic Safety Program, Florida Department of Transportation, District 6.

Media is welcome to attend. Village spokesperson, mobility experts, occupational therapist and senior drivers will be available for interviews.

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