



## VILLAGE OF PINECREST

Press Release

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### **FOR IMMEDIATE RELEASE**

Pinecrest to host a new safety program for seniors that checks how well drivers and their cars work together

**Pinecrest, Fla.** – How does your car fit? This is the question that will be answered at Pinecrest's CarFit event Thursday, October 22 from 10:00 a.m. to 2:00 p.m. in the Community Center parking area at 5855 Killian Drive.

Sometimes the right "fit" can save a life. Drivers who have a good grasp of the steering wheel, clear views of the road and driver's mirrors are more likely not to get into a car accident.

Come join this first-of-its-kind program that could make a lifesaving difference to both older drivers and their loved ones. Developed through collaboration among the American Society on Aging, AAA, AARP and the American Occupational Therapy Association, CarFit is the first program to offer older adults the opportunity to check how their personal cars "fit" them.

Trained professionals will lead older drivers through a 12-point checklist with their vehicle, recommend car adjustments and adaptations and offer community specific resources and activities that could make their cars "fit" better or enhance their safety. An occupational therapist also will be on hand to provide information to older drivers on how to maintain and strengthen driving health.

People over 65 are the fastest-growing population in the United States. By 2030, one in five drivers will be age 65 or older, which means there will be more than 30 million older drivers on our roads. Because of their fragility, seniors have the highest crash death rate per mile of everyone except teenagers.

Media is welcome to attend. Village spokesperson, mobility experts, occupational therapist and senior drivers will be available for interviews.

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